

# SOUTHERN DISTRICTS COMPUTER USERS CLUB INC.



**May 2013**

Vol. 13  
No. 5

Club Web Site <http://sdcuci.com>

## Mothers Day

*To all the mothers, mothers in law and grandmothers,  
we hope you had a wonderful day on  
Sunday.*

Many Australians follow the Mother's Day traditions that stem from observances in countries such as the United States and the United Kingdom.



The Mother's Day date in Australia is the same as the date observed in the United States, which is the second Sunday of May each year. However, it is an Australian who is credited with having started the tradition of giving gifts on Mother's Day: Janet Heyden, a resident of Leichhardt in Sydney, started a campaign in 1924 to collect gifts for lonely aged mothers.

Flowers, chocolates, and cards are popular gifts to symbolize one's love and appreciation for their mother or mother figure. In Australia, the white chrysanthemum is traditionally given to mothers on Mothers Day as the flower is naturally in season during autumn.



Editors: Bib and Bub

**MEETINGS** are held on  
the third Wednesday  
of the month at 7.30  
pm, in the Hall at the  
rear of  
**St Mary's Catholic  
Church  
Morphett Vale.  
(Corner Bains Road  
and Main South Road)**

### **Visitors most welcome.**

After three visits,  
visitors will be  
requested to become  
members.

Cost \$2 per person,  
which includes the  
Newsletter, plus coffee/  
tea and biscuits.  
Subscriptions for twelve  
months  
Single \$18  
Family membership \$24

Novice and experienced  
computer users will be  
warmly welcomed



Our next meeting is scheduled for  
**Wednesday 19th June 2013 at 7.30 pm.**

**Topic: Virtual Windows XP  
on 64 bit computers.**

## ***The Committee in 2012 / 2013***

<b>PRESIDENT:</b>	<b>Jim Greenfield</b>	<b>jamesg@esc.net.au</b>
<b>VICE PRESIDENT:</b>	<b>Lionel Leddra</b>	<b>lleddra@bigpond.net.au</b>
<b>SECRETARY:</b>	<b>Trevor Francis</b>	<b>tjfrancis@adam.com.au</b>
<b>TREASURER:</b>	<b>Cheryl McDonald</b>	<b>cherylm@cobweb.com.au</b>

### **COMMITTEE MEMBERS:**

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### **NEWSLETTER EDITORS:**

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<b>Wanda McDonald (Bib)</b>	<b>rmcd3779@bigpond.net.au</b>



## Our last meeting — IT & Computers

Again, we had two visitors at the meeting who were welcomed by all.

Jamie and Jason from **IT & Computers** were kind enough to visit and discuss their services and then built a computer from scratch. Many of us found this really very interesting and at first wondered if they would complete their task in time. They did.

Some of their services and products for sale are:

- Tablets.
- Computer Games.
- A Backlit keyboard (selling between \$50 and \$70) which glows in the dark and comes in different colours.
- Jason showed us his gaming computer which he built himself and glowed red when turned on. He uses this as his media centre attached to his TV and can be controlled by an app. on his iPhone.
- They then built a computer from scratch. Some features are:
  - ◆ The CPU (Central Processing Unit) is the brain of the computer and makes it work.
  - ◆ The fan keeps the CPU cool as it does get hot while turned on.
  - ◆ RAM (Random-access Memory) locked into the board.
  - ◆ Hard drive case and the hard drive itself were inserted.
  - ◆ Each plug and cord could only be fitted into a corresponding place. There were lots of these to connect.
  - ◆ When they turned the finished computer on, it actually worked!
- Many questions were expertly answered. Some answers given:
  - ◆ It is best to turn laptops off when not in use, recommended but not important for desktops.
  - ◆ Laptop batteries are best recharged when laptop is not in use.
  - ◆ Clean your laptops regularly by spraying compressed air through the vents. This should make them run quicker and longer.
- Anti virus scams were discussed and **AVAST** was recommended as the best free anti-virus product.



# Dropbox Quick Start



## What is Dropbox?

Dropbox is a free service that allows you access all your photos, docs, and videos anywhere. Any file you save to your Dropbox will also automatically save to all your computers, phones, and even the Dropbox website. This means that you can start working on your computer at school or the office, and finish on your home computer. Never email yourself a file again!

## The Dropbox Folder

After you install Dropbox on your computer, a Dropbox folder is created. This folder is just like any other folder on your computer, but with a twist. On top of your Dropbox is a green icon that lets you know how your Dropbox is doing:

**Green circle and check:** All the files in your Dropbox are up to date.

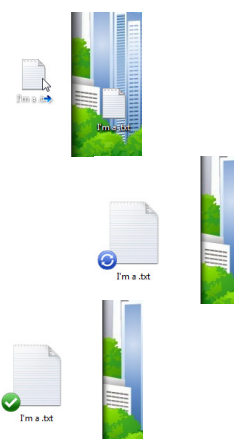
**Blue circle and arrows:** Files in your Dropbox are currently being updated.

## Adding files to your Dropbox

**Step 1—** Drag and drop a file into your Dropbox folder.

**Step 2—** The blue icon means your file's syncing with Dropbox.

That's it! The green icon means that your file has finished saving to your other computers and the Dropbox website. Now that your File is in Dropbox, any changes made to it will be automatically detected and updated to your other computers.



## The Dropbox Right-click/Context Menu

When you Right-Click (Windows/Linux) or Control-Click (Mac) a file or folder in your Dropbox, you'll see a menu that lets you do a few neat things with Dropbox:

- ♦ **Share a Folder—** Invite your friends, family and teammates to a folder in your Dropbox. It'll be as if you saved that folder straight to their computers.
- ♦ **View Previous Versions—** View a record of changes made to a file. You can choose to go back to an earlier version of a file if you'd like.
- ♦ **Browse on Dropbox Website—** View a file on the Dropbox website.
- ♦ **Get Link—** Make a link to any file or folder in your Dropbox. You can then send this link to anyone you'd like to view the file — even if they don't have Dropbox!

## The Dropbox Tray/Menu bar icon

The Dropbox tray or menu bar icon is located on the bottom (Windows) or top (Mac/Linux) of your screen, and lets you check the status and settings of your Dropbox. The same green, blue, and red icons that appear on the files and folders in your Dropbox also appear over this icon to let you know the status of your Dropbox.

## Dropbox Quick Start, cont'd

Right-clicking this icon gives you a few options:

- Open your Dropbox folder, the Dropbox website, or the Dropbox help center.
- See which files were recently changed.
- View an estimate of how long it will take Dropbox to finish updating files.
- Change preferences for your connection, Dropbox folder location, and more.

### *What do I do now?*

Try dragging some photos or docs into your Dropbox. Then visit the Dropbox website at <https://www.dropbox.com>. When you log in, your files will be waiting for you!

To learn more about Dropbox, take our tour at <http://www.dropbox.com/tour> or visit the help center at <http://www.dropbox.com/help>.



### *Frequently Asked Questions*

#### **How much does Dropbox cost?**

Dropbox is free! If you run out of space, visit <https://www.dropbox.com/plans> to view our available subscriptions.

#### **How much space does my Dropbox have?**

Free accounts come with 2GB of space (deleted files and revisions won't count against your limit). You can always check your usage by visiting your account settings page at <https://www.dropbox.com/account>.

#### **How long until my files are fully synced?**

Dropbox will download as fast or as slow as your network allows, and will try its best not to hog your connection. If you'd like to limit your upload or download rates, you can change them in Dropbox's preferences.

For step by step instructions, visit the help article at <https://www.dropbox.com/help/26>.

#### **Dropbox is fast! How could it have possibly synced all of my files in that time?**

Dropbox will look to see if it already has the file you're trying to upload. If it senses that it already has the file, it won't bother to upload it again. If the file has been changed recently, it will only upload/download the changes rather than the whole thing.

#### **How secure is Dropbox?**

Dropbox takes the security of your files and of our software very seriously. Dropbox uses Secure Socket Layer (SSL) and AES-256 encryption. AES-256 is the same encryption standard used by banks to secure customer data.

#### **Can I access Dropbox on my mobile device?**

The Dropbox App is available for iPhone, iPad, Android, and Blackberry. To install Dropbox on your mobile device, visit <http://www.dropbox.com/mobile>. You can also get to your Dropbox at any time by visiting <http://www.dropbox.com> from your phone.



## FIFTY SHADES OF GREY

(a Pam Ayres poem)



The missus bought a Paperback,  
down Shepton Mallet way.  
I had a look inside her bag;  
Twas "Fifty Shades of Grey".  
Well I just left her to it,  
And then I went to bed.  
An hour later she appeared;  
The sight filled me with dread....  
In her left she held a rope;  
And in her right a whip!  
She threw them down upon the floor,  
And then began to strip.  
Well fifty years or so ago;  
I might have had a peek;  
But Mabel hasn't weathered well;  
She's eighty four next week!!  
Watching Mabel bump and grind;  
Could not have been much grimmer.  
And things then went from bad to  
worse;  
She toppled off her Zimmer!  
She struggled back upon her feet;  
A couple minutes later;  
She put her teeth back in and said  
"I am a dominator!"  
Now if you knew our Mabel;  
You'd see just why I spluttered;  
I'd spent two months in traction  
For the last complaint I'd uttered.  
She stood there nude and naked  
Bent forward just a bit;  
I went to hold her, sensual like  
And stood on her left t\*t!  
Mabel screamed, her teeth shot out;  
My god what had I done!?  
She moaned and groaned then  
shouted out;  
"Step on the other one"!!  
Well readers, I can tell no more;  
About what occurred that day.  
Suffice to say my jet black hair,  
Turned fifty shades of grey!!!

## Computer Skills!

**Customer:** My keyboard is not working anymore.

**Tech support:** Are you sure it is plugged in?

**Customer:** No, I can't get behind the computer.

**Tech support:** Pick up your keyboard and walk 10 paces back.

**Customer:** OK

**Tech support:** Did the keyboard come with you?

**Customer:** Yes

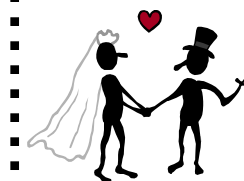
**Tech support:** That means the keyboard is not plugged in!

No dictionary has been able to adequately explain the difference between COMPLETE AND FINISHED.

However, Samsundar Balgobin, a Guyanese linguistic, gave his answer to the question:

*"Some say there is no difference between COMPLETE and FINISHED. Please explain in a way that is easy to understand".*

Here is his astute answer:



When you marry the right woman, you are COMPLETE.

But, when you marry the wrong woman, you are FINISHED.

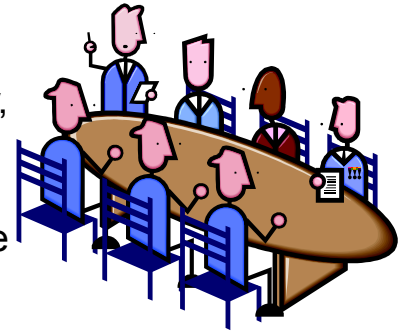
And when the right one catches you with the wrong one, you are COMPLETELY FINISHED!.

His answer was received with a standing ovation lasting over 5 minutes.

## Committee Capers.

The committee meeting was held on Monday 6th May, 2013. Discussions included:

- The video of our last meeting / presentation came out well.
- We have a laptop ready to be presented to the River Point Estate Retirement Village.
- 12 computers will have their hard drives shredded and re-loaded ready to be sent to the Congo.
- A workshop session on **formatting discs** is being looked into.
- A review of the last Computer Basics II was given— the course went well even though we only had two attendees who were quite happy with the content
- John and Trevor are working together to develop a workshop session on **Transition from office 2003 to office 2007**. The course could be a 2 to 3 week duration with a prerequisite of basic computer and typing skills, and a good understanding of the keyboard.
- Discussions on Powerpoint presentation of various ways of connecting to the internet showing various hardware / software available.



### CONDOLENSCES

It is with much sadness that we acknowledge the passing of :

***The mother of Committee member, Lindsay Chuck***

and

***The father of Newsletter Editor, Wanda McDonald***

Our sympathy is extended to both of them and their families.



### Timely Reminder Windows XP & Microsoft Office 2003 8th April 2014

From the above date, Microsoft will no longer support these products.

Security patches and hotfixes for all versions of Windows XP will no longer be available. This support discontinuation means that Windows XP will be vulnerable to security threats.

Many third party software providers are not planning to extend support for their applications running in Windows XP.

# Recipe Corner

## FRUIT AND NUT CHOCOLATE CAKE

### INGREDIENTS:

125g butter, chopped  
300g dark cooking chocolate, roughly  
chopped.  
1 ¼ cups Caster sugar  
¾ cup plain flour, sifted  
¼ cup cocoa powder, sifted  
1 cup sultanas  
⅓ cup walnuts, chopped  
3 eggs, lightly beaten



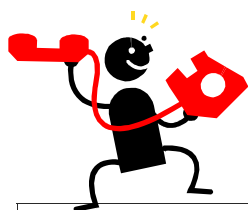
### METHOD:

1. Preheat oven to 170° C. Grease and line base and sides of a 20 cm round pan with baking paper.
2. Melt butter and 200g chocolate in a large heatproof bowl. Allow to cool.
3. Combine sugar, flour, cocoa powder, sultanas, 2 Tbs walnuts, 60g chocolate and eggs in a large bowl.
4. Add butter and chocolate mixture. Stir to combine.
5. Pour into prepared pan and sprinkle with remaining walnuts and chocolate.
6. Bake for 1 hour or until skewer inserted in centre of cake comes out clean.
7. Allow to cool completely in pan before turning out.

I think the 170° is for a fan forced oven, as I cooked it in a non-fan forced oven and it took about 1 hr and 20 mins.

*Cooked by Anne Zog at a committee meeting.  
It was so delicious that nearly all had 2nd helpings.*





## Expert Assist List.

Keep this Contact list handy and phone these people first if you have a problem with any one of the subjects mentioned below.

Email, Windows Live Mail	Lionel Leddra	8381 2821
Email, Thunderbird	Trevor Francis	8186 1138
E-readers, Tablets	Lionel & Anne Leddra	8381 2821
Hardware & operating systems, re-loads, CD DVD fix	Jim Greenfield	8382 4912
Microsoft Office, Word, Excel, Powerpoint and Publisher	Trevor Francis	8186 1138
Microsoft Movie Maker	Lorraine Loader	8382 7243
Photographic, Windows Photo Gallery, Paint Shop Pro	Anne & Lionel Leddra	8381 2821
Photographic, Photoshop	Trevor Francis	8186 1138
Tablets	John Kirby	7007 4819
Video programming to CD/DVD	Cheryl McDonald	8382 3660
Wi-Fi connections & Tablets	Emma Boss	8386 2723

### Computer Courses for 2013.

- Computer Basics I for Windows 7 & XP will be run in May. This course is already filling quickly.
- Camera Course—If you are interested, please contact Anne Leddra
- Windows Live Movie Maker—watch this space!!

If you wish to attend any Course, please contact Anne Leddra on 8381 2821.

If you have a special request regarding a program, eg Word, Publisher, Excel etc, please let a committee member know. We may be able to schedule a course to suit, sometime in the future.

# Word Find

T P I R C S A V A J L E X I P I G E  
 L I A M E M O R Y M M O U S E N I L  
 C R A B K S A T X I N U Y H S T F G  
 D N D I R E C T O R Y E T A O E O O  
 P O W E R S U P P L Y N I R F R L O  
 U C O A S A E V A S S C R E T N D G  
 K I R O P K T Y P S H R U W W E E L  
 C D D E C P R E E A H Y C A A T R M  
 A N R I M A L L T D R P E R R E A T  
 B O L E N M E I E K E T S E E P H H  
 R C K I P R A F C V R I I R S U L M  
 E E B E I A R R I A B O O T M B O R  
 N S T W R A P R G R T N W B I N G O  
 N O O S G N D L O O D I N T I O I S  
 A N G M A K A U L A R A O T E A N R  
 C A E A S P T L T A I P O N R N D U  
 S N F I R E W A L L W R E I K O O C  
 T F D P R D H T O O T E U L B Y T E

Application	Kernal
Backup	LCD
Binary	Login
Bluetooth	Memory
Boot	Monitor
Byte	Mouse
Chat	Nanosecond
Click	Network
Cookie	Partition
Cursor	Paste
Date	PDF
Defragment	Pixel
Directory	Power
Disk Drive	Supply
Dos	Programmer
Drag	Router
Email	Save As
Encryption	Scanner
File	Security
Firewall	Shareware
Folder	Software
GIF	Span
Google	Taskbar
HTML	Thumbnail
Icon	Unix
Internet	Wallpaper
Javascript	Wireless

**If you think women are the weaker sex,  
 Try pulling the blankets back to your side!!**

## SANDS COMPUTER GROUP

Coordinator: Lindsay Chuck  
 Email: [Lindsay.chuck@gmail.com](mailto:Lindsay.chuck@gmail.com)  
 Website: <http://lindsaychuck.wix.com/scg>



## **COMPUTERS FOR THE CONGO**

***Do you have any old computers you feel you could offer to an overseas charity organisation?***

If so read on!

A container is being organised to go to the Democratic Republic of Congo. It will contain medical & hospital supplies and also computers.



The computers are needed to run the administration of a hospital and for schools that are being set up to train children in the Republic of the Congo.

***Any old working computers including laptops, screens etc. would be gratefully accepted.***

This charity mission is called “Mission in Health Care and Development” and is run by a Dr Luc Mulimbalimba Masururu. Dr Luc is a trained Medical Doctor and Medical Director of two hospitals in the Congo.

He is also a Member of the Congo Parliament and Pastor of a Church of 2,000. He has already trained over 500 birth attendants, built a hospital and has distributed over seventy thousand (70,000) birthing kits.

He also has links with Rotary Australia and any monetary donations made will be tax deductible.

The Australian organisers estimate they have about 3 months to prepare a large transport container to go to the Congo. Our nearest drop off is Camden Park.

Please call Jim on 8382 4912 or Kay Francis on 8186 1138 for more information or possible pick up.

Further information on Dr Luc Mulimbalimba Masururu is readily available through Google.

## **CONFUCIUS SAY**

**Man who lives in glass house should change clothes in basement.**

**Man who eats many prunes gets good run for money.**

# \*\*\* Items For Sale \*\*\*

## *My Mobility* Walking Frame

4 wheels, brakes, seat, basket.

Good condition.      \$50 ono

Phone: Wanda on 0408 802 425



**If you have something for sale, please let us know. Fill in the sheet at the front desk, use the sheet on the clipboard which will be passed around at tonight's meeting or email:**

Lorraine at      [lorian23@bigpond.com](mailto:lorian23@bigpond.com)  
Or Wanda at      [rmcd3779@bigpond.net.au](mailto:rmcd3779@bigpond.net.au)

We will keep running your ad until you advise the item is either sold or "taken off the market".

**Advertising on this page is FREE!!**

## **MEETING RULES**

We are allowed to use the facilities at the Hall at the rear of St Mary's Catholic Church Morphett Vale. (Corner Bains Road and Main South Road) in return of a small fee plus respect for their property. We ask for your co-operation in respect to the above. While we can not control what our members do away from our club meetings, Piracy of copyright material can not be condoned at our meetings.

## NATIONAL CYBER SECURITY AWARENESS WEEK

### 20 TO 24TH MAY 2013

The Federal Government is promoting this important subject and encouraging groups to run different activities, like morning teas etc and it is worth spending a few minutes to think about your own Cyber Security.

1. Install and update your security software; set it to scan regularly.
2. Turn on automatic updates on all your software, particularly your operating system and applications.
3. Use strong passwords and different passwords for different uses.
4. Stop and think before you click on links and attachments.
5. Take care when transacting online—research the supplier and use a safe payment method.
6. Only download ‘apps’ from reputable publishers and read permission requests.
7. Regularly check your privacy settings on social networking sites.
8. Stop and think before you post any photo or financial information online.
9. Talk with your child about stay safe online, including on their smartphone or mobile device.
10. Report or talk to someone if you feel uncomfortable or threatened online—download the Government’s Cybersafety Help Button.



#### **Banking on the go—security tips for your smartphones and tablets.**

Smartphone and tablet technology is revolutionizing the way we live, pay and bank. Both are mobile computers that enable us to pay on the go, check our balances and track our savings. Unfortunately, fraud, scams and harassment have now moved into the digital world as criminals use information and communications technology to commit old crimes in new ways.

Because our smartphones and tablets allow us to access the Internet and E-Mail, download applications and games and store personal information, we must exercise great caution. These useful devices must be protected and secured as diligently as our home computer or laptop.

The Australian Bankers Association and the Federal Police have prepared a fact sheet “**Banking on the go—security tips for your smartphones**” which provides advice and some simple steps to protect your personal and financial information.

This is an excellent fact sheet which we have included in this newsletter.



# Dynamic Mechanix

## Automotive Repairs


### ALL GENERAL MECHANICAL REPAIRS

Brakes, Suspension, Clutch,  
Auto Trans Service,  
Wheel Balance & Repairs,  
New & S/Hand Tyres.

**Pensioner  
& Seniors  
Discount**

SERVICE, TUNE & SAFETY CHECK  
(most 4 & 6 cyl. cars) - Includes plugs,  
points, oil, filter.

U4/2 Somerset Circuit  
Lonsdale S.A. 5160

 8186 0081

**Have you recently acquired,  
or do you just want to learn  
more about operating your  
computer?**

The Club conducts classes on a  
wide range of subjects, at a very  
moderate charge.

The maximum number in class is  
five.

(Our aim is to conduct the classes in  
a friendly non-threatening  
atmosphere).

Some of the classes that are  
available:-

1. Basic Computing (Stage One  
and / or Stage Two).
2. Advanced Word.
3. Internet workshops.
4. Digital Cameras.

**For more information  
contact a committee  
member.**

## Woodform

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We customise kitch-  
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quote.

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Mobile: 0407 794 357  
Email:  
[craig@woodform.com.au](mailto:craig@woodform.com.au)

Workshop and  
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Lonsdale 5160

## VCSWEB

Established 1991

**VCSWEB.COM**

HOSTING ● WEB DESIGN  
DOMAIN NAMES  
PROGRAMMING  
E.COMMERCE ● ZEN CART  
CONTENT MANAGEMENT SYSTEMS  
WORD PRESS ● DRUPAL

IT SECURITY  
NETWORK DESIGN & SETUP  
TRAINING & TUITION  
DISASTER RECOVERY PLANS  
AS/NZS 4360 RISK MANAGEMENT PLANS  
ASC133 NETWORK SECURITY PLANS

**Rod Gasson**

Adv Dip Network Security - Cert IV Programming  
Cert IV Networking - Cert IV Training & Assessment  
Police Clearance # 201355

Rod Gasson 0405 632 662

Gaellyne Gasson 0422 912 583  
[admin@vcsweb.com](mailto:admin@vcsweb.com)

**VCSWEB 90 Hillier Road Reynella SA 5161**

## NOTES

# **IT & COMPUTERS**

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**Shop 6, 76 Beach Road  
Christies Beach 8186 2736**

**(Same block as Woolies on Beach Road)**

**Contact: Jamie or Ash**

**For all your computing needs  
available locally**

**Need help with your computer?  
Looking to purchase a new one?  
Need additional peripherals?  
Home site visits available !**

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**Looking for excellent customer  
and after sales service?**

---

**New Computers  
Repairs**

**Virus removal**

**New software & Upgrades**

**Peripheral units:**

**Wireless Keyboard Mouse**

**Sound Boards & Systems**

**External & Internal Hard Drives**

**Full Service Professional  
Computer Repair  
and  
Home or Office  
Networking**



**Tell IT & Computers  
you are from  
S.D.C.U.C.I.**

**S.D.C.U.C.I can  
recommend the  
customer service  
offered by  
IT&Computers**