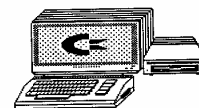


# SOUTHERN DISTRICTS COMPUTER USERS CLUB INC.



## February 2012

Club Web Site <http://sdcuci.com/>



Editor Jim Greenfield

**MEETINGS are held  
on the third  
Wednesday of the  
Month, in the Hall at  
the rear of  
St Mary's Catholic  
Church  
Morphett Vale.  
(Corner Bains Road  
and Main South  
Road)**

**Visitors most  
welcome.**

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which includes the  
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coffee/tea and biscuits.

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twelve months Single  
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Novice and  
experienced computer  
users will be warmly  
welcomed



Southern Districts Computer Users Club  
Committee Members 2011 -2012

### Good News

Ron Stephens our Vice President is home from Hospital.  
Ron has been through a very difficult time over the last five  
weeks.

We all wish him a continued good recovery.

*Hang in there Ron.*



**Government of South Australia**  
Department for Families  
and Communities

**Southern Districts Computer Users Club,**  
acknowledges the generous assistance of both the  
**Comm. Department of Families and Communities**  
as well as the  
**City of Onkaparinga**

in the provision of laptops and software used  
in training sessions and elsewhere within the club.



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**Have you recently acquired,  
or do you just want to learn  
more about operating your  
computer?**

The Club conducts classes on a wide range of subjects, at a very moderate charge.

The maximum number in class is five.

(Our aim is to conduct the classes in a friendly non-threatening atmosphere).

Some of the classes that are available:-

1. Basic Computing (Stage One and / or Stage Two).
2. Advanced Word.
3. Internet workshops.
4. Digital Cameras.

**For more information  
contact a committee  
member.**

## MEETING RULES

We are allowed to use the facilities at Hall at the rear of St Mary's Catholic Church Morphett Vale. (Corner Bains Road and Main South Road) in return of a small fee plus respect for their property. We ask for your co-operation in respect to the above. While we can not control what our members do away from our club meetings, Piracy of copyright material can not be condoned at our meetings.

### Answers to Quiz page six

1. One foot in the Grave
2. Red in the Face
3. Income tax
4. Adding insult to injury
5. Big fish in a little pond
6. Breaking a custom
7. I'm bigger than you
8. Dark under the eyes
9. Once upon a time
10. Foreign language

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# *Good advice good e-mail practice*

E-Mail Tracker Programs -- very interesting and a must read!

The man that sent this information is a computer tech. He spends a lot of time clearing the junk off computers for people and listens to complaints about speed. All forwards are not bad, just some. Be sure you read the very last paragraph.

He wrote: By now, I suspect everyone is familiar with snopes.com and/or truthorfiction.com for determining whether information received via email is just that: true/false or fact/fiction. Both are excellent sites.

## **Advice from snopes.com VERY IMPORTANT!!**

1) Any time you see an email that says "forward this on to '10' (or however many) of your friends", "sign this petition", or "you'll get bad luck" or "you'll get good luck" or "you'll see something funny on your screen after you send it" or whatever --- it almost always has an email tracker program attached that tracks the cookies and emails of those folks you forward to. The host sender is getting a copy each time it gets forwarded and then is able to get lists of 'active' email addresses to use in SPAM emails or sell to other Spammers. Even when you get emails that demand you send the email **on if you're not ashamed of God/Jesus** --- that is email tracking, and they are playing on our conscience. These people don't care how they get your email addresses - just as long as they get them. Also, emails that talk about a missing child or a child with an incurable disease "how would you feel if that was your child" --- email tracking. Ignore them and don't participate!

2) Almost all emails that ask you to add your name and forward on to others are similar to that mass letter years ago that asked people to send business cards to the little kid in Florida who wanted to break the Guinness Book of Records for the most cards. All it was, and all any of this type of email is, is a way to get names and 'cookie' tracking information for telemarketers and Spammers -- to validate active email accounts for their own **profitable** purposes.

You can do your friends and family members a GREAT favour by sending this information to them. You will be providing a service to your friends. And you will be rewarded by not getting thousands of spam emails in the future!

Do yourself a favour and **STOP** adding your name(s) to those types of listings regardless how inviting they might sound! Or make you feel guilty if you don't! It's all about getting email addresses and nothing more.

You may think you are supporting a GREAT cause, but you are NOT!

Instead, you will be getting tons of junk mail later and very possibly a virus attached! Plus, we are helping the spammers get rich! Let's not make it easy for them!

**ALSO: Email petitions are NOT acceptable to Parliament or any other organisation - i.e. Social security, etc. To be acceptable, petitions must have a "signed signature" and full address of the person signing the petition, so this is a waste of time and you are just helping the email trackers.**

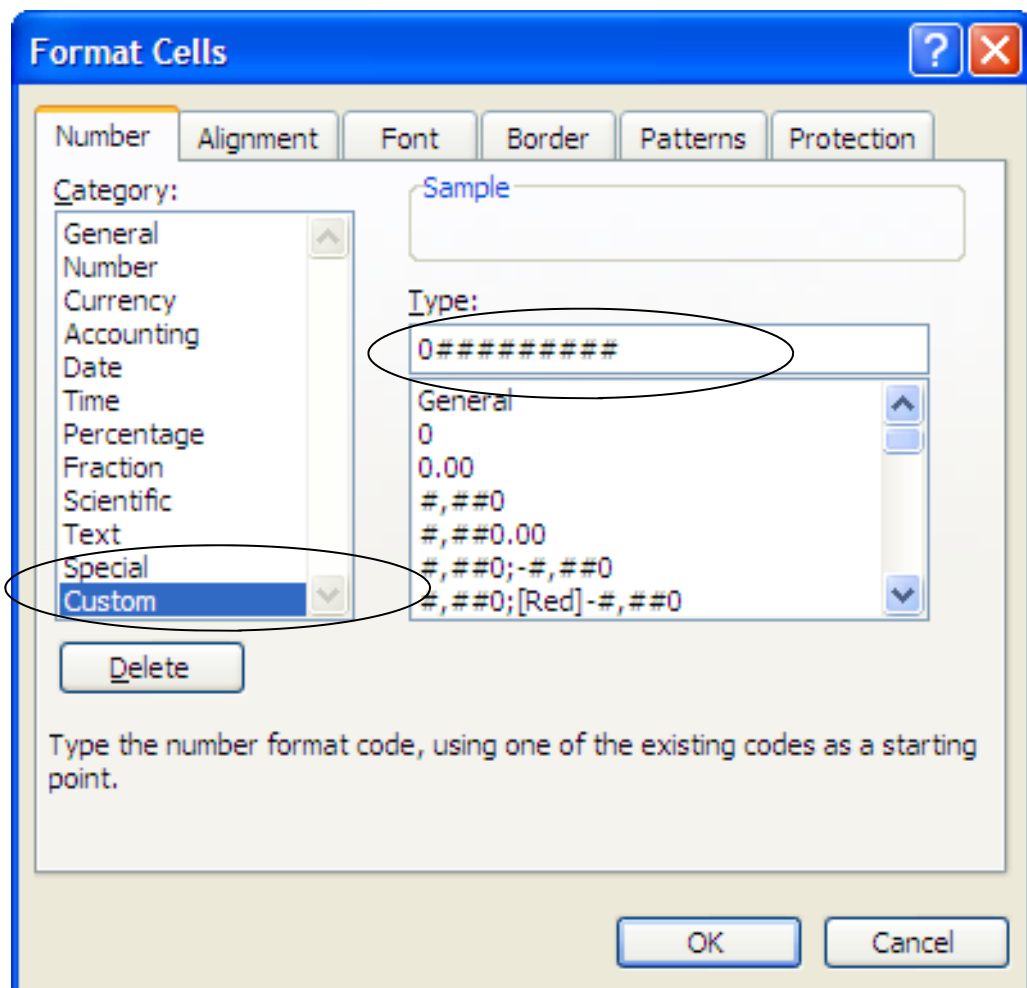
# How to Add Leading Zeros in Excel

When you type a number in Microsoft Excel with leading zeros, Excel removes the zeros by default. This can make entering certain numbers such as a mobile phone numbers difficult, because if you enter a number such as "0123456789" Excel will change it to "123456789."

By defining a custom number format that includes a minimum number of digits, you can force Excel to keep leading zeroes or add them automatically to numbers that you type.

## Instructions

1. Click the cell in an Excel spreadsheet that you want to display leading zeros in. Click a letter or number to select an entire column or row, or press "Ctrl" and "A" to select the entire spreadsheet.
2. Right-click one of the highlighted cells, and then click "Format Cells."
3. Click the "Number" tab, and then click "Custom" on the left side of the "Format Cells" window.
4. Click the number "0" under "Type," #####
5. I.e. Custom number to be 0#####
6. Click "OK" to save the custom format.



# Valentine's Day History and things

There are varying opinions as to the origin of Valentine's Day. Some experts state that it originated from St. Valentine, a Roman who was martyred for refusing to give up Christianity. He died on February 14, 269 A.D., the same day that had been devoted to love lotteries. Legend also says that St. Valentine left a farewell note for the jailer's daughter, who had become his friend, and signed it "From Your Valentine". Other aspects of the story say that Saint Valentine served as a priest at the temple during the reign of Emperor Claudius. Claudius then had Valentine jailed for defying him. In 496 A.D. Pope Gelasius set aside February 14 to honour St. Valentine.

Over time, February 14 has become the date for exchanging love messages and a celebration of St. Valentine, the patron saint of lovers. The date is marked by sending poems and simple gifts, such as flowers, to loved ones and secret loves. By far, **Valentine's Day Flowers** are the most popular gift today.

In the United States, Miss Esther Howland is given credit for sending the first valentine cards. Commercial valentines were introduced in the 1800's and now the date is very commercialised.



# QUIZ

- |    |                 |   |                       |
|----|-----------------|---|-----------------------|
| 1  | GR 12" AVE      | = | One foot in the Grave |
| 2  | Faredce         | = |                       |
| 3  | cotaxme         | = |                       |
| 4  | insult + injury | = |                       |
| 5  | PoFISHnd        | = |                       |
| 6  | CUS TOM         | = |                       |
| 7  | I'M you         | = |                       |
| 8  | i i<br>dark     | = |                       |
| 9  | ONCE<br>4:56pm  | = |                       |
| 10 | ING4UAGE        | = |                       |

Answers on page two

**Southern Districts Computer Users Club Inc.**  
For further information about S.D.C.U.C.Inc.

Contact The Club President,  
Jim Greenfield 83824912

Or

The Secretary  
Correspondence to  
The Secretary  
S.D.C.U.C.I.  
Box 991  
Morphett Vale 5162

Email to  
**secretary@sdcuci.com**





## Undelete memory sticks

Memory sticks (or memory keys / USB flash drives) are more important to computer users than ever before. People rely on them to hold sensitive personal information that they need with them at all times, or to store critical documents. So what happens when something goes wrong and your USB flash drive is accidentally erased?

Recovery to undelete deleted files from memory sticks.

### USB flash technology

A USB flash drive (or memory stick) is actually a very simple piece of technology. Basically, it consists of the USB connector, a USB mass storage controller (used for storing and retrieving data over a USB connection), and the flash memory itself. When you plug a memory stick in to your computer, your computer treats it as a removable hard drive. Most memory sticks are formatted to use the FAT32 file system, since almost every computer can understand FAT32.

### What happens when I delete memory stick files?

When you tell your computer to delete a file from a memory stick, the computer sends a "delete" command over USB to the USB flash drive's mass storage controller. The mass storage controller modifies the File Allocation Table of the memory stick - the index that allows the memory stick to keep track of where your files are on the memory stick - and the file's entry is deleted. **The data, however, remains intact, and is recoverable.** Because only the address has been deleted, it's possible to undelete the data from the memory key if you act quickly enough.

### Recovering deleted files from a memory stick

To undelete files from a USB flash drive, you need a special file recovery tool. At Undelete-All, our testing showed that ParetoLogic Data Recovery was far and above the best tool for undeleting files from a memory stick. In our test, the software's fast, automatic scan of an attached memory stick found hundreds of recoverable files. We were able to preview each of the recoverable files before undeleting them on to our computer's hard drive.

# THE GREEN

Checking out at the store, the young cashier suggested to the older woman,  
that she should bring her own grocery bags because plastic bags weren't good for the environment.

The woman apologized and explained, "We didn't have this green thing back in my earlier days."

The clerk responded, "That's our problem today. Your generation did not care enough to save our environment for future generations."

She was right -- our generation didn't have the green thing in its day.

Back then, we returned milk bottles, soda bottles and beer bottles to the store.

The store sent them back to the plant to be washed and sterilized and refilled, so it could use the same bottles over and over.

So they really were recycled. But we didn't have the green thing back in our day.

We walked up stairs, because we didn't have an escalator in every store and office building.

We walked to the grocery store and didn't climb into a 300-horsepower machine every time we had to go two blocks.

But she was right. We didn't have the green thing in our day.

Back then, we washed the baby's diapers because we didn't have the throw-away kind.

We dried clothes on a line, not in an energy gobbling machine burning up 220 volts -- wind and solar power really did dry our clothes back in our early days.

Kids got hand-me-down clothes from their brothers or sisters, not always brand-new clothing.

But that young lady is right; we didn't have the green thing back in our day.

Back then, we had one TV, or radio, in the house -- not a TV in every room.

And the TV had a small screen the size of a hand-kerchief (remember them?),  
not a screen the size of the state of Montana .



# THING

In the kitchen, we blended and stirred by hand because we didn't have electric machines to do everything for us.

When we packaged a fragile item to send in the mail, we used wadded up old newspapers to cushion it, not Styrofoam or plastic bubble wrap.

Back then, we didn't fire up an engine and burn gasoline just to cut the lawn.

We used a push mower that ran on human power.

We exercised by working so we didn't need to go to a health club to run on treadmills that operate on electricity.

But she's right; we didn't have the green thing back then.

We drank from a fountain when we were thirsty instead of using a cup or a plastic bottle

every time we had a drink of water.

We refilled writing pens with ink instead of buying a new pen, and we replaced the razor blades in a razor instead of throwing away the whole razor

just because the blade got dull. But we didn't have the green thing back then.

Back then, people took the streetcar or a bus and kids rode their bikes to school

or walked instead of turning their moms into a 24-hour taxi service.

We had one electrical outlet in a room, not an entire bank of sockets to power a dozen appliances.

And we didn't need a computerized gadget to receive a signal beamed from satellites 2,000 miles

out in space in order to find the nearest pizza joint.

But isn't it sad the current generation laments how wasteful we old folks were just

because we didn't have the green thing back then?

: Don't make old People mad.

We don't like being old in the first place, so it doesn't take much to tick us off.

## *Fleurieu Peninsula Family History Group*

*Meet regularly on the third Saturday of each month at 1.30 p.m.  
(i.e. - 3 days after our own monthly meeting)*

*Access available to large resource centre for research;  
Access to special interest groups:  
(eg English: Scottish; Irish: Brick Walls)*

*Visitors most welcome:*

*Contact: Vanessa Catterall on      catterallvg@bigpond.com  
8384 7918  
or Keith Jones      kjones2011@optusnet.com.au  
7288 0192*



## **Retirement !!!**

**Question:** How many days in a week?

**Answer:** 6 Saturdays, 1 Sunday

**Question:** When is a retiree's bedtime?

**Answer:** Three hours after he falls asleep on the couch

**Question:** How many retirees to change a light bulb?

**Answer:** Only one, but it might take all day.

**Question:** What's the biggest gripe of retirees?

**Answer:** There is not enough time to get everything done.

**Question:** Why don't retirees mind being called Seniors?

**Answer:** The term comes with a 10% discount.

**Question:** Among retirees what is considered formal attire?

**Answer:** Tied shoes.

**Question:** Why do retirees count pennies? <sup>A</sup>

**Answer:** They are the only ones who have the time.

**Question:** What is the common term for a senior who still works and refuses to retire?

**Answer:** NUTS!

**Question:** Why are retirees so slow to clean out the basement, attic or garage?

**Answer:** They know that as soon as they do, one of their adult kids will want to store stuff there. Or move back in there . . .

**Question:** What do retirees call a long lunch?

**Answer:** Normal.

**Question:** What is the best way to describe retirement?

**Answer:** The never ending Coffee Break spiked !

**Question:** What's the biggest advantage of going back to school as a retiree?

**Answer:** If you cut classes, no one calls your parents.

**Question:** Why does a retiree often say he doesn't miss work, but misses the people he worked with?

**Answer:** He is too polite to tell the whole truth.

And, my very favorite....

**QUESTION:** What do you do all week?

**Answer:** Monday through Friday, NOTHING..... Saturday & Sunday, I rest.

**Always Remember This:**  
**You don't stop laughing because you grow old,**  
**You grow old because you stop laughing**



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